



# **POC YOUUniversity Yearbook**

For questions or suggestions:

Matt Heller

Founder - Performance Optimist Consulting

[www.performanceoptimist.com](http://www.performanceoptimist.com)

[matt@performanceoptimist.com](mailto:matt@performanceoptimist.com)

407-435-8084



# POC YOUiversity Yearbook Overview

## **Welcome to POC YOUiversity!**

You have just taken the next, and maybe the most important, step of your leadership journey. When you enrolled, you committed to taking the necessary steps to transform yourself into the leader you know you can be. Your community is here to support and guide you, but the real work will come from within.

This Yearbook will be your companion for learning and will help you document your progress. Each month, you will be expected to set and achieve one goal and be an active participant in the community. Over time, all the goals you achieve will add up to major leaps in your leadership acumen. It's going to be a heck of a ride!

There are two pages in this Yearbook dedicated to each month of the program. The following areas of focus will be discussed and emphasized throughout.

### **Engagement Level**

This is where you will document your monthly engagement level.

### **Monthly SMART Goal**

Each month you will create a SMART goal for one specific area; you, your team, your business and your life.

### **Meeting Notes**

Document key ideas and takeaways from our monthly meetings.

### **Trust Bank**

Reconcile your trust deposits and withdrawals for key people in your life.

### **Brain Food**

Highlight the food that will help your brain grow!

### **Journal**

Writings, reflections and important thoughts can be documented here.



# POC YOU University Yearbook DiSC Profile Review

**My DiSC Style:** \_\_\_\_\_

Based on what you read, how would you describe your style?	
My strengths:	My opportunity areas:

Describe one situation where your style has helped you.
Describe one situation where your style has hindered you.
Who do you tend to communicate with most easily? What are their styles?
Who do you have trouble communicating with? What are their styles?

What are three things you could do to improve your communication?

- 1.
- 2.
- 3.



# POC YOU University Yearbook Month 1

## Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

## Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

## Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook

## Month 2

### Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

### Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

### Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook

## Month 3

### Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

### Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

### Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?







# POC YOU University Yearbook

## Month 4

### Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

### Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

### Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook 4 Month Review/Preview

Previous 4 months

What went well?	What could have been improved?

Goals I am still working on...

Self Assessment (overall performance)									
<table border="1"><tr><td style="text-align: center;">1</td><td style="text-align: center;">2</td><td style="text-align: center;">3</td><td style="text-align: center;">4</td><td style="text-align: center;">5</td></tr></table>					1	2	3	4	5
1	2	3	4	5					
Explain your rating:									

Next 4 months

Goals to achieve	
You	
Your team	
Your business	
Your life	



# POC YOU University Yearbook Month 5

## Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

## Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

## Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook Month 6

## Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

## Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

## Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?







# POC YOU University Yearbook Month ?

## Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

## Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

## Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook 4 Month Review/Preview

Previous 4 months

What went well?	What could have been improved?

Goals I am still working on...

Self Assessment (overall performance)									
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1	2	3	4	5					
Explain your rating:									

Next 4 months

Goals to achieve	
You	
Your team	
Your business	
Your life	



# POC YOU University Yearbook Month 8

## Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

## Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

## Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook

## Month 9

### Engagement Level

6													
5													
4													
3													
2													
1													
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	

### Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

### Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook

## Month 10

### Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

### Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

### Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?







# POC YOUiversity Yearbook

## Month 11

### Engagement Level

6												
5												
4												
3												
2												
1												
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec

### Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

### Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook

## Month 12

### Engagement Level

6													
5													
4													
3													
2													
1													
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	

### Monthly SMART Goal

<b>Goal:</b>		
Specific		Action Steps:
Measurable		
Achievable		Possible Roadblocks:
Realistic		
Timed		Notes:

### Meeting Notes

<b>Topic to discuss:</b>	
Notes from discussion:	Who can help me?
	Who can I help?





# POC YOU University Yearbook 4 Month Review/Preview

Previous 4 months

What went well?	What could have been improved?

Goals I am still working on...

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1	2	3	4	5					
Explain your rating:									

Next 4 months

Goals to achieve	
You	
Your team	
Your business	
Your life	